



# GLUTEN FREE MENU



Monday to Saturday 12.00-8.00pm

Last Kitchen Orders 7.45pm

## WET YOUR APPETITE

### SOUP OF THE DAY

Served With Warm Gluten Free Bread

£5.95

### CHEF'S PATE

Served With Toasted Gluten Free Bread.

£6.50

### CRISPY GARLIC MUSHROOMS (V)

Smothered In Garlic Butter

£6.50

### PRAWN COCKTAIL

The Retro Classic Served With seafood Sauce, Gluten free Bread & Butter

£7.50

## OLD FAVOURITES

### CIDER BATTERED GRIMSBY HADDOCK

Served With Garden Peas Or Mushy Peas & Hand-Cut Chips

£12.95

### PLAIN CHICKEN BREAST

Served With Salad Or Garden Peas & Fries or Hand-Cut Chips

£11.95

### GARLIC CHICKEN BREAST

Served With Salad Or Garden Peas & Fries or Hand-Cut Chips

£11.95

### CAJUN CHICKEN BREAST

Served With Salad Or Garden Peas & Fries or Hand-Cut Chips

£11.95

### PIRI-PIRI CHICHEN BREAST

Served With Salad Or Garden Peas & Fries or Hand-Cut Chips

£11.95

### LIVER & ONIONS

Served With Gluten free Yorkshire Pudding, Garden Peas, Mash & Gravy.

£11.95

### SWEET & SOUR CHICKEN

Served With Rice Or Hand-Cut Chips, or ½ and ½

£11.95

### HOME-COOKED HAM & EGGS

Served With Garden Peas & Hand-Cut Chips

£11.50

### CHICKEN TIKKA MASALA

Served With Rice Or Hand-Cut Chips, or ½ and ½

£11.95

### SWEET THAI CHILLI CHICKEN

Served With Rice Or Hand-Cut Chips, or ½ and ½

£11.95

### BANGERS & MASH

Served With Gluten Free Yorkshire Pudding, Garden Peas, Mash & Gravy

£11.95

### VEGGIE TIKKA MASALA

Served With Rice Or Hand-Cut Chips, or ½ and ½

£11.95

## MEAT FEAST

### THE PUB GRILL

Rump, Gammon, Chicken, Liver, Sausage, 2-Eggs, Tomato, Onion Rings, & Garden Peas With A Bowl Of Hand-Cut Chips

£22.95

### LUMP OF RUMP

Cooked Your Way Served With Tomato, Mushrooms, Garden Peas & Hand-Cut Chips

£16.50

### GAMMON STEAK

Served With Pineapple & Egg, Garden Peas or Baked Beans & Hand-Cut Chips

£13.50

### STEAK & MUSHROOM MELT

Rump Steak Topped With Mushrooms & Grilled Stilton, Served With Tomato, Garden Peas & Hand-Cut Chips

£20.95

## BURGERS

### CHEESE & BACON BURGER

Boston New York Burger Topped With Cheese & Bacon In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£11.95

### CHEESE BURGER

Boston New York Burger Topped With Cheese In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£11.50

### PLAIN BURGER

Boston New York Burger In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£10.95





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## SENSATIONAL SALADS

### CHEESE SALAD (V)

Grated Cheese Served With A Fresh Salad & A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£11.95**

### CHICKEN & BACON SALAD

Slices Of Chicken Breast & Griddled Bacon Served With A Rocket & Cherry Tomato Salad, A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£12.95**

### HOME-COOKED HAM SALAD

Slices Of Our Own Roasted Ham. Served With A Fresh Salad & A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£11.95**

### CHILLI & LIME SALMON SALAD

Marinated Salmon Fillet Served With A Rocket, Sun-Dried Tomato, Chickpea & Red Onion Salad, A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£15.95**

## DESSERTS

### TREACLE SPONGE

Served With A Choice Of Ice Cream, Custard Or Pouring Cream **£5.50**

### STICKY TOFFEE PUDDING

Served With A Choice Of Ice Cream, Custard Or Pouring Cream **£5.50**

**BLYTON MESS £5.50**

### 3-SCOOPS OF ICE CREAM

CHOOSE Strawberry, Chocolate Or Vanilla **£4.50**

**BANANA SPLIT £5.50**

### The small print:

1. Our kitchen contains nuts, so please advise before ordering if you have ANY form of food allergy or food intolerance.
2. Please note some of our dishes may contain bones.
3. All prices include VAT at the prevailing rate.

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### Kitchen Opening Hours:

- Monday – Saturday 12.00-8.00pm; Last Kitchen Orders 7.45pm
- Sunday 12.00-6.00pm; Last Kitchen Orders 5.45pm

[www.blackhorseblyton.com](http://www.blackhorseblyton.com)

