



GLUTEN FREE MENU



Monday to Saturday 12.00-8.00pm

Last Kitchen Orders 7.45pm

WHET YOUR APPETITE

SOUP OF THE DAY

Served With Warm Gluten Free Bread

£6.50

CHEF'S PATE

Served With Toasted Gluten Free Bread.

£6.95

CRISPY GARLIC MUSHROOMS (V)

Smothered In Garlic Butter

£6.95

PRAWN COCKTAIL

The Retro Classic Served With seafood Sauce, Gluten free Bread & Butter

£7.95

OLD FAVOURITES

CIDER BATTERED GRIMSBY HADDOCK

Served With Garden Peas Or Mushy Peas & Hand-Cut Chips

£13.95

BEEF or FIVE BEAN (Vg) CHILLI CON CARNE

Served With Rice Or Hand-Cut Chips Or Both

£12.95

LIVER & ONIONS

Served With Gluten free Yorkshire Pudding, Garden Peas, Mash & Gravy

£12.95

BANGERS & MASH

Served With Gluten Free Yorkshire Pudding, Garden Peas, Mash & Gravy

£11.95

SWEET & SOUR CHICKEN

Served With Rice Or Hand-Cut Chips, or ½ and ½

£12.95

HOME-COOKED HAM & EGGS

Served With Garden Peas & Hand-Cut Chips

£12.50

CHICKEN TIKKA MASALA

Served With Rice Or Hand-Cut Chips, or ½ and ½

£12.95

VEGGIE TIKKA MASALA

Served With Rice Or Hand-Cut Chips, or ½ and ½

£12.95

MEAT FEAST

THE PUB GRILL

Rump, Gammon, Chicken, Liver, Sausage, 2-Eggs, Tomato, Onion Rings, & Garden Peas With A Bowl Of Hand-Cut Chips

£25.95

LUMP OF RUMP

Cooked Your Way Served With Tomato, Mushrooms, Garden Peas & Hand-Cut Chips

£17.95

GAMMON STEAK

Served With Pineapple & Egg, Garden Peas or Baked Beans & Hand-Cut Chips

£14.95

STEAK & MUSHROOM MELT

Rump Steak Topped With Mushrooms & Grilled Stilton, Served With Tomato, Garden Peas & Hand-Cut Chips

£22.95

BURGERS

CHEESE & BACON BURGER

Boston New York Burger Topped With Cheese & Bacon In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£13.95

PLAIN BURGER

Boston New York Burger In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£11.95

PAN GRILLED SPICY CHICKEN BURGER

Pan Grilled Chicken In A Gluten Free Bun, with Lettuce, Tomato & Mayo Served with Hand-Cut Chips, Fries Or Sweet Potato fries & Coleslaw

£13.95

CHEESEBURGER

Boston New York Burger Topped With Cheese In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£12.95

PAN GRILLED PLAIN CHICKEN BURGER

Pan Grilled Chicken In A Gluten Free Bun, with Lettuce, Tomato & Mayo Served with Hand-Cut Chips, Fries Or Sweet Potato fries & Coleslaw

£12.95

COMBO BURGER

6oz Burger, Pan Grilled Chicken Topped With Cheese & Bacon In A Gluten Free Bun, Served with Hand-Cut Chips, Fries Or Sweet Potato fries

£16.95





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SENSATIONAL SALADS

STEAK & STILTON SALAD

Steak & Stilton, Served With A Fresh Salad & A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£16.95**

CHICKEN & BACON SALAD

Slices Of Chicken Breast & Griddled Bacon Served With A Cherry Tomato Salad, A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£13.95**

HOME-COOKED HAM SALAD

Slices Of Our Own Roasted Ham. Served With A Fresh Salad & A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£12.95**

CHILLI & LIME SALMON SALAD

Marinated Salmon Fillet Served With A Rocket, Sun-Dried Tomato, Chickpea & Red Onion Salad, A Choice Of New Potatoes, Hand-Cut Chips, Sweet Potato Fries Or Jacket Potato **£16.95**

DESSERTS

TREACLE SPONGE

Served With A Choice Of Ice Cream, Custard Or Pouring Cream **£5.95**

STICKY TOFFEE PUDDING

Served With A Choice Of Ice Cream, Custard Or Pouring Cream **£5.95**

BLYTON MESS

£5.95

3-SCOOPS OF ICE CREAM

CHOOSE Strawberry, Chocolate Or Vanilla **£4.95**

BANANA SPLIT

£5.95

The small print:

1. Our kitchen contains nuts, so please advise before ordering if you have ANY form of food allergy or food intolerance.
2. Please note some of our dishes may contain bones.
3. All prices include VAT at the prevailing rate.

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Kitchen Opening Hours:

- Monday – Saturday 12.00-8.00pm; Last Kitchen Orders 7.45pm
- Sunday 12.00-6.00pm; Last Kitchen Orders 5.45pm

www.blackhorseblyton.com

